

?HOW BIG IS YOUR ECO FOOTPRINT?

One way to figure your impact on the earth is to figure out how much of the earth you used each day, week, month, year!!!

(Over a 1 week period, draw a line or erase a line around the footprint attached!)

1. How many people live in your home? **1 thin line for every person!**
2. How often do you eat junk food? **1 thin line for each junk food serving a week!**
3. How long do you run water while showering? **1 thick line for over 2 minutes!**
4. How many times do you buy bottled water/drinks? **1 thin line per bottle!**
5. Does your family have a vegetable garden? Yes: 0 lines. No: **1 thin line per person!**
6. How many vehicles in your family (include all motorized vehicles). Hybrid: **1 thin line unless used for carpool!** Non-Hybrid: **1 thick line per vehicle!**
7. Does your family carpool? Yes: 0 lines. No: **1 thick line!**
8. How far did you travel on vacation last year: Near home: 0. **1 line for every 150 miles traveled by motorized vehicle - plane - train...**
9. How much television do you watch daily? None to 1 hour = 0 lines. **Over 1 hour 1 thin line per hour!**
10. How much time did you spend online or using battery operated games - ipods... **over 1 hour, 1 thin line per hour.**
11. Does your family buy in bulk and use re-useable containers = 0 lines for yes. **1 thick line for no!**
12. Does your family compost = 0 lines for yes, **1 thick line for no!**
13. Does your family recycle = 0 lines for yes, **1 thick line for no!**
14. How many bags of garbage does your family set out for pick up? 0 lines for 0 bags and **1 line for every bag that goes out!**
15. Does your family regularly use recycled (1 side printed) paper for notes, copies, memo's sketches... Yes =0 lines. No, **1 thin line per person in your family!**
16. How many power tools or battery tools does your family own and use? Include lawn mowers... **1 thin line per power tool or equipment!**

Bonus Points: For each bonus activity remove one line from your footprint!

1. You helped set up a family or neighborhood recycling program!
2. You adopted a roadway with friends/family and walk it monthly to pick up trash!
3. Do others notice and ask you about your ECO Friendly lifestyle?
4. You started composting and created an organic permaculture food garden!
5. You helped your family landscape your yard into a drought tolerant 'Xeriscape' example for your community!
6. You ride your bicycle as often as possible or walk or share a ride always!
7. You pack a healthy organic lunch using re-useable containers!
8. Your drinking water/beverages do not come in individual bottles or cans!

If everyone on earth consumed the way we do in just North America we would need **4 planet EARTHS** to provide for us all!

